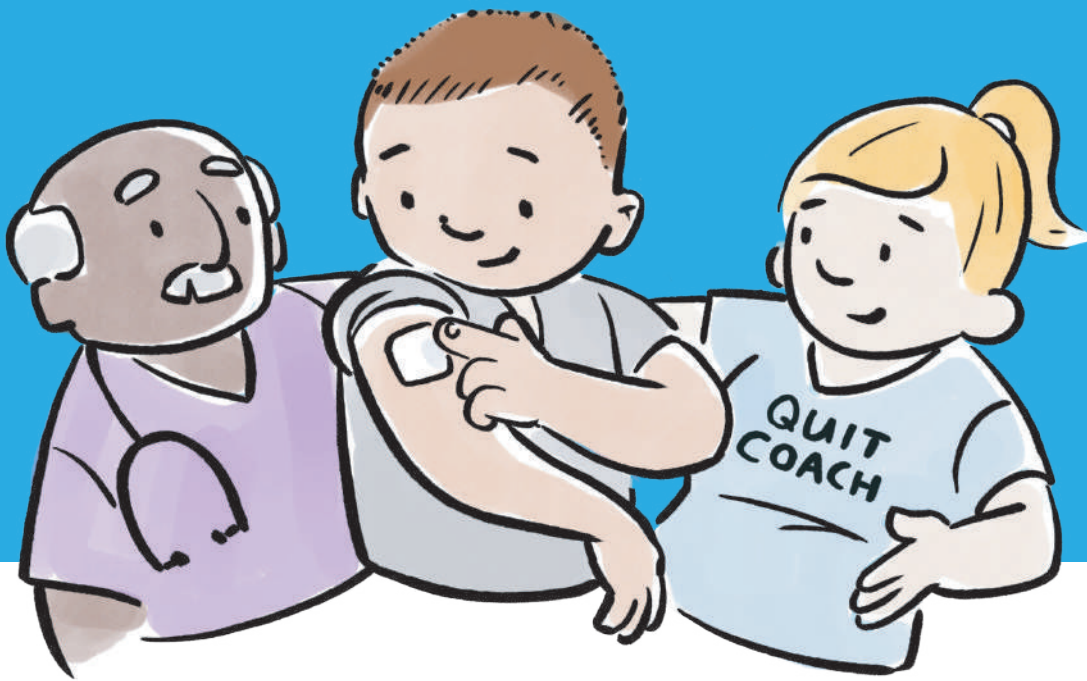


Quitting tobacco can leave you feeling
anxious, depressed and alone.

You are not alone.

We are here to help.



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Chat with your health care provider for support.

Visit quitnow.ca or call 1-877-455-2233 for more information.

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